

UNDER 17 MEN CLUB RECORDS

60m (I)	MICHAEL ONILOGBO	6.87	22/02/2020	LEE VALLEY
100m	MICHAEL ONILOGBO	10.76	13/07/2019	BIRMINGHAM
	MICHAEL ONILOGBO	10.74w	11/05/2019	CHELMSFORD
200m	SEAN APPIAH	21.26	28/07/2024	BIRMINGHAM
200m (I)	SEAN APPIAH	22.48	03/03/2024	LEE VALLEY
400m	AYDAN HOLLAND	49.09	28/07/2024	BIRMINGHAM
400m (I)	MALIK OSHIYEMI	51.65	23/02/2019	SHEFFIELD
800m	JAMES SHANE	1.52.84	13/05/2006	CHELMSFORD
800m (I)	OLIVER LILL	1.57.52	14/02/2018	LEE VALLEY
1500m	JAMES SHANE	3.52.68	07/07/2005	LIGNANO, ITALY
1500m (I)	OLIVER LILL	4.11.88	24/02/2018	SHEFFIELD
3000m	ROBERT DENMARK	8.37.0	1985	CRYSTAL PALACE
3000m (I)	JAMES SHANE	8.43.12	10/12/2006	LEE VALLEY
5000m	LAURENCE SLEATH	16.21.6	15/06/2024	KINGS LYNN
5 Mile Road	PAUL BARR	25.07.0	1982	VICTORIA PARK
5K Road	JAMES SHANE	15.24	29/12/2006	LONDON
10K Road	DANNY CURRAN	33.07	22/09/2024	LONDON
60mH (I)	GIANNI FRANKIS	7.9	2005	BIRMINGHAM
100mH (91.4cm)	JOSEPH HARDING	12.69	08/06/2019	CHELMSFORD
400mH (84.0cm)	GREG GOODEY	55.96	1995	CRYSTAL PALACE
1500m S/Chase (84cm)	SAM RILEY	4.18.39	16/07/2022	BELFAST
2000m S/Chase (84cm)	SAM RILEY	6.20.6	10/09/2022	BEDFORD
4 x 100m	MICHAEL ADESIYAN MICHAEL ONILOGBO CAMERON ELLIS JOSEPH HARDING	42.70	28/06/2019	CHELMSFORD
4 x 200m	JON CARROLL DAVID HUSSEY PAUL MARTIN DAVID THORPE	1.32.7	1988	COLCHESTER
4 x 400m	MATTHEW LUMM MATTHEW HARRISON PAIGE HAINES JAMES SHANE	3.24.3	2006	BEDFORD
3 x 800m	PAUL BUMPSTEAD PAIGE HAINES JAMES SHANE	5.52.0	2005	CRAWLEY
4 x 800m	NICK REYNOLDS BRETT HEATH MARTIN BLACKHOLLY IVAN HOLLINGSWORTH	8.24.7	1991	HAVERING
3 x 1500m	HAYDEN THOMAS MATTHEW YATES ROBERT DENMARK	12.26.7	1984	HORNCHURCH
4 x 1500m	IAN CHALK PETER HAYNES PAUL BARR GARY COUCH	17.04.0	1980	HORNCHURCH
MEDLEY RELAY	PAUL MARTIN JON CARROLL GARY BAKER JOHN WARD	3.41.3	1988	ILFORD
HIGH JUMP	DARRYL STONE	2.08	1999	BEDFORD
HIGH JUMP (I)	JUSTIN PRICE	1.90	16/01/2022	LEE VALLEY
LONG JUMP	CAMERON ELLIS	7.08	12/05/2019	CHELMSFORD
LONG JUMP (I)	JOSEPH HARDING	6.81	25/02/2018	SHEFFIELD
TRIPLE JUMP	MELCHISEDEC BERKOH-GYAMFI	14.34	13/07/2024	BIRMINGHAM
TRIPLE JUMP (I)	MELCHISEDEC BERKOH-GYAMFI	14.04	10/02/2024	SHEFFIELD
POLE VAULT	MITCHELL ETHERIDGE	4.60	23/04/2011	CHELMSFORD
POLE VAULT (I)	MITCHELL ETHERIDGE	4.30	13/03/2011	LEE VALLEY
DISCUS (1.5kg)	TARIQ MARTIN	46.21	13/09/2009	CAMBRIDGE
JAVELIN (700g)	KRISTIAN BROWN	60.75	19/09/2015	BEDFORD
SHOT PUTT (5kg)	ARCHIE LEEMING	15.71	20/07/2013	DUBLIN
SHOT PUTT (I)	ARCHIE LEEMING	12.85	10/02/2013	LEE VALLEY
HAMMER (5kg)	KENNETH IKEJI	73.92	05/08/2019	LOUGHBOROUGH
HEPTATHLON (I)	KRISTIAN BROWN	3754	15/03/2015	SHEFFIELD
OCTATHLON	KRISTIAN BROWN	5494	19/07/2015	BEDFORD