

These records show club best performances in distances/events not regularly covered within the specified age group including when an athlete has stepped up an age group.

We have recognised these performances to celebrate the achievements of Basildon A.C athletes and the history of the club.

INFREQUENTLY COMPETED CLUB RECORDS

AGE GROUP BEST

UNDER 13 GIRLS

80m	MANDY LEWIS	11.1	1976	HORNCHURCH
	AMANDA BRAMPTON		1979	HORNCHURCH
	JACKIE EVANS		1986	THURROCK
100m (Indoors)	LILY HARTMAN	13.18	27/03/2022	LEE VALLEY
1000m	STACY WARD	3.16.0	1997	WALTHAMSTOW
1 mile	KAY BUSBY	6.04.0	1987	WOODSIDE
3 miles	ISOBEL IVES	19.06	25/04/2010	LONDON
Javelin (500g)	HARRIETTE MORTLOCK	29.22	20/06/2016	WATFORD

UNDER 15 GIRLS

80m	JESSICA QUICK	10.6	29/03/2009	HORNCHURCH
150m	LARA CARTY	19.4	1998	HAVERING
400m	KAYLEE DODD	58.85	21/07/2010	ELTHAM
600m	ELLIE CHILDS	1.39.0	1997	HARLOW
1000m	FRANCES CLAYTON	3.05.0	1986	ENFIELD
1200m	STACY WARD	3.54.0	1999	HAVERING
1 mile	ALEXA JOEL	5.26.0	1998	PETERBOROUGH
3 miles	ISOBEL IVES	19.03	17/04/2011	LONDON

UNDER 17 WOMEN

80m	HOLLY SPOONER	12.2	2009	BASILDON
150m	AMANDA WAITE	18.4	1994	MAYESBROOK
600m	KIM WALL	1.37.1	1999	MAYESBROOK
1000m	CHARLOTTE BISHOP	3.20.6	2008	BASILDON
3 miles	ISOBEL IVES	18.14	21/04/2013	LONDON
100mH (83.8cm)	JEANETTE GIBSON	14.7	1982	CRYSTAL PALACE
100mH (U18)	KIERA BAINSFAR	14.16w	25/04/2018	LEE VALLEY
	KIERA BAINSFAR	14.63	25/04/2018	LEE VALLEY
400mH (84cm)	AMANDA BRAMPTON	63.9	1982	CRYSTAL PALACE
JAVELIN (600g)	MICHA DORNAN	39.99	25/09/2005	THURROCK
SHOT PUTT (4kg)	VIKKI HEATH	12.08	1993	BRAINTREE
HAMMER (4kg)	KAYLEIGH ARTHURTON	40.19	19/08/2012	WARE

JUNIOR WOMEN

150m	AMANDA WAITE (U17)	18.4	1994	MAYESBROOK
150m	AMANDA WAITE	18.6	1995	MAYESBROOK
300m	KIM WALL	39.9	2000	CORBY
600m	ELLIE CHILDS	1.30.4	2001	WATFORD
1000m	ALEXA JOEL	3.00.5	10/04/2002	WATFORD
3 miles	ISOBEL IVES	19.49	26/04/2015	LONDON

SENIOR WOMEN

80m	HEIDI NICHOLAS	10.7	30/03/2008	HORNCHURCH
150m	KIM WALL	17.71	2011	MANCHESTER
300m	KIM WALL	37.72	2008	LOUGHBOROUGH
600m	FRANCES CLAYTON	1.39.2	1992	MAYESBROOK
600m (Indoors)	KAYLEE DODD	1.31.89	11/01/2019	FAYETTEVILLE AR, USA
1200m	KIM GRIFFITHS	3.44.8	1982	HORNCHURCH
200mH (76.2cm)	LOUISE DOUGLASS	32.2	25/07/2012	DARTFORD
300mH (76.2cm)	MANDY LEWIS	46.7	1982	HORNCHURCH

UNDER 13 BOYS

80m	JACK QUIRE	11.6	2007	BASILDON
400m	MATTHEW LUMM	56.5	01/07/2003	TONBRIDGE
1000m	DHARAM SINGH	3.03.0	1993	ENFIELD
80mH (84cm)	BILLY COLTON	15.4	2000	IPSWICH

UNDER 15 BOYS

80m	RYAN O'SULLIVAN	9.6	29/03/2009	HORNCHURCH
150m	RYAN O'SULLIVAN	17.5	29/03/2009	HORNCHURCH
300m	AKEEM AKINTOKUN	36.7	30/03/2008	HORNCHURCH
300m (Indoors)	TOBI EKERIN	40.71	09/02/2020	LEE VALLEY
600m	JAMES SHANE	1.31.7	12/02/2004	TONBRIDGE
1000m	DANNY SWANBOROUGH	2.42.0	1984	COLCHESTER
1200m	RORY CUNNINGHAM	3.30.0	1992	HAVERING
1 Mile	NICK REYNOLDS	4.46.0	1990	HARLOW
JAVELIN (700g)	KEIRON RECORD	45.92	26/08/2007	NEWHAM

UNDER 17 MEN

80m	ADAM BEESON	10.2	2009	BASILDON
100m (Indoors)	TOBI EKERIN	11.72	27/03/2022	LEE VALLEY
150m	JOHN JORDAN	17.0	1997	HAVERING
300m	PAIGE HAINES	36.7	17/04/2006	TONBRIDGE
600m	PAIGE HAINES	1.23.4	05/04/2006	BASILDON
1000m	JAMES SHANE	2.31.4	05/04/2006	BASILDON
1200m	SCOTT STERLING	3.21.9	1995	HAVERING
1 Mile	ROBERT DENMARK	4.14.6	11/09/1985	CRYSTAL PALACE
2000m	JOHN WARD	6.18.0	1987	BASILDON
60mH (U18) (Indoors)	SAM BENNETT	8.13	05/03/2017	CARDIFF
80mH (U16)	SAM BENNETT	10.6	02/07/2016	BEDFORD
110mH (U18)	GIANNI FRANKIS	13.48	14/07/2005	MARAKESH, MORROCCO
200mH (76.2cm)	STEVEN MOSES	32.8	1987	BASILDON
400mH (91.4cm)	GREG GOODEY	57.6	1995	BASILDON
1500m S/Chase (91cm)	PETER HAYNES	4.21.4	1981	BRIGHTON
3000m S/Chase	DAVID THOMSON	9.50.0	1987	BASILDON
DISCUS (1.75kg)	TARIQ MARTIN	41.72	14/06/2009	BRAINTREE
DISCUS (2kg)	BRETT HEATH	32.66	1991	BASILDON
JAVELIN (800g)	JOHN WHITELOCK	52.32	1981	BASILDON
SHOT PUTT (6kg)	ARCHIE LEEMING	13.20	02/06/2013	BROMLEY
SHOT PUTT (7.26kg)	HARRISON SMITH	9.97	2015	DARTFORD
HAMMER (6kg)	KENNETH IKEJI	62.65	14/10/2018	HULL
HAMMER (7.26kg)	JOHN WHITELOCK	24.44	1981	CRAWLEY
PENTATHLON	JOSH PRENTICE	2418	30/05/2012	CHELMSFORD
DECATHLON	JOSH PRENTICE	5714	04/08/2013	STOKE-ON-TRENT

JUNIOR MEN

80m	GIANNI FRANKIS	9.1	2005	BASILDON
150m	JOHN JORDAN	16.4	2000	SPENBOROUGH
300m	STEVEN SURETY	35.0	1998	THURROCK
600m	JAMES SHANE	1.20.3	02/04/2008	BASILDON
600m (Indoors)	STEVEN SURETY	1.23.5	2000	BIRMINGHAM
1000m	ROBERT DENMARK	2.25.4	1987	TONBRIDGE
1000m (Indoors)	JACK BROADBENT	3.03.04	16/12/2018	LEE VALLEY
1200m	CHARLES MacCONNACHIE	3.16.2	1989	HAVERING
1 Mile	ROBERT DENMARK	4.05.0	1987	PETERBOROUGH
2000m	DANNY SWANBOROUGH	6.01.0	1987	CRYSTAL PALACE
60mH (Indoors) (106.5cm)	SAM BENNETT	8.06	19/01/2019	LEE VALLEY
110mH (U18)	SAM BENNETT	13.19	07/07/2018	GYOR, HUN
	SAM BENNETT	13.15w	06/07/2018	GYOR, HUN
110mH (106.5cm)	GIANNI FRANKIS	14.21	15/07/2006	MANCHESTER
200mH (76.2cm)	JOHN JEFFREE	26.9	1986	THURROCK
300mH (91.4cm)	STEVEN SURETY	38.4	1999	CRAWLEY
DISCUS (2kg)	TARIQ MARTIN	47.68	19/05/2012	BASILDON
SHOT PUTT (7.26kg)	ARCHIE LEEMING	13.35	12/07/2015	CRAWLEY

SENIOR MEN

150m	ANDY CATLEY	16.6	1984	HORNCHURCH
300m (Indoors)	STEVEN SURETY	34.44	2002	BIRMINGHAM
600m	STEVEN SURETY	1.20.8	1999	WATFORD
600m (Indoors)	STEVEN SURETY	1.20.95	2003	BIRMINGHAM
1000m (Indoors)	CLINT NICHOLLS (V40)	3.02.20	28/03/2019	TORUN, POLAND
2000m	EAMONN MARTIN	5.01.0	1984	BELFAST
200mH (76.2cm)	MARK DYBLE	26.3	08/05/2011	CAMBRIDGE
300mH (91.4cm)	STEVEN SURETY	37.6	2001	CRAWLEY
2000m	EAMONN MARTIN	5.01.09	19/06/1984	BELFAST
2 miles	EAMONN MARTIN	8.18.98	16/07/1988	GATESHEAD
15K	EAMONN MARTIN	43.44	11/02/1984	TAMPA FL, USA