

CLUB RECORD

AGE GROUP BEST

JUNIOR WOMEN'S CLUB RECORDS

60m (I)	KIM WALL (U17)	7.7	1999	BEDFORD
60m (I)	KIM WALL	7.8	2001	BEDFORD
100m	KIM WALL (U17)	11.8	1998	WALTHAMSTOW
100m	KIM WALL	11.9	2001	ETON
200m	KIM WALL	24.04	19/10/2000	SANTIAGO, CHILE
200m (I)	KIM WALL (U17)	24.7	1999	BIRMINGHAM
200m (I)	KIRSTY SHEPHERD	26.31	15/03/2009	LEE VALLEY
400m	KIM WALL	53.52	20/07/2001	GROSSETO, ITALY
400m (I)	KIM WALL (U17)	55.24	30/01/1999	BIRMINGHAM
400m (I)	ISOBEL IVES	58.94	03/01/2016	LEE VALLEY
800m	ABIGAIL IVES	1.59.92	13/05/2023	BELFAST
800m (I)	ABIGAIL IVES	2.03.92	12/02/2023	DORTMUND, GERMANY
1500m	ABIGAIL IVES	4.18.94	11/08/2021	WATFORD
1500m (I)	GEMMA KERSEY	4.29.22	12/02/2011	SHEFFIELD
3000m	GEMMA KERSEY	9.32.05	24/08/2011	WATFORD
3000m (I)	MEGAN HARRIS	9.40.19	09/02/2022	LEE VALLEY
5000m	GRACE BURELL	17.52.0	18/05/2019	KINGS LYNN
10K Road	GEMMA KERSEY	41.05	21/11/2010	BRIGHTON
5 Mile Road	GEMMA KERSEY	28.19	16/10/2011	WIX
Half Marathon	MEG RAPLEY	96.36	03/03/2019	CAMBRIDGE
Marathon	KATIE McGOWAN	4.49.53	21/04/2024	LONDON
60mH (I)	ARIYANNA McGEE	8.89	17/12/2023	CARDIFF
100mH (91.4cm)	JEANETTE GIBSON	14.5	1984	LEICESTER
400mH (76.2cm)	SARAH COOTES	62.7	13/07/1996	SHEFFIELD
2000m S/Chase	EMILY BULLIS	7.23.4	06/07/2014	PORTSMOUTH
1500m S/Chase	EMILY BULLIS	5.09.0	01/06/2014	STEVENAGE
4 x 100m	HEIDI NICHOLAS KIM WALL (U17) KIM MATTHEWS (U17)			
	LARA CARTY (U17)	49.4	18/09/1999	MAYESBROOK
4 x 400m	LAUREN SEARLES HAYLEY MOORE STACEY WHEAT GEMMA KERSEY	4.04.2	2007	LEE VALLEY
MEDLEY RELAY (200/400/600/800)	HEIDI NICHOLAS KIM WALL (U17) ELLIE CHILDS (U17) DONNA STERLING	5.27.5	18/09/1999	MAYESBROOK
HIGH JUMP	SAMANTHA FOSTER (U17)	1.73	1995	BIRMINGHAM
HIGH JUMP	GEMMA GRAINGER	1.70	15/04/2007	BARKING
HIGH JUMP (I)	ARIYANNA McGEE (U17)	1.65	12/01/2020	LEE VALLEY
	ZOE GREGORY (U17)	1.65	15/01/2023	LEE VALLEY
HIGH JUMP (I)	KIERA BAINSFAR	1.53	03/02/2019	CARDIFF
LONG JUMP	ZOE GREGORY	5.66	28/04/2024	YEOVIL
LONG JUMP (I)	ZOE GREGORY	5.62	02/12/2023	CARDIFF
TRIPLE JUMP	VICTORIA OSHUNREMI	11.30	15/08/2015	LUTON
TRIPLE JUMP (I)	NICOLE HARVEY	10.79	03/02/2019	LEE VALLEY
POLE VAULT	SHANNON CONNOLLY	2.90	08/09/2013	TWICKENHAM
POLE VAULT (I)	SHANNON CONNOLLY	2.92	05/01/2014	LEE VALLEY
DISCUS (1kg)	TAMMY NICHOLLS (U17)	38.86	1994	THURROCK
DISCUS (1kg)	KIM BOX	33.37	02/09/2007	LEE VALLEY
JAVELIN (600g)	HARRIETTE MORTLOCK	50.38	16/07/2022	BEDFORD
SHOT PUTT (4kg)	ZOE GREGORY	12.46	27/04/2024	YEOVIL
SHOT PUTT (I)	JEMMA PEMBERTON	9.04	01/02/2015	LEE VALLEY
HAMMER (4kg)	KAYLEIGH ARTHURTON (U17)	40.19	19/08/2012	WARE
HAMMER (4kg)	OLIVIA BULLIS	39.81	16/04/2016	CAMBRIDGE
HEPTATHLON	ZOE GREGORY	4963	12/05/2024	ARONA, ESP